

# **SARALA BIRLA PUBLIC SCHOOL**



# Birla Knowledge City, Ranchi Purulia Highway Village –Ara, P.O.- Mahilong Ranchi – 835103, Jharkhand

#### **SYLLABUS**

STD - XI (SCIENCE)

**SESSION - 2024-25** 

Name:		
UID No. :		
Class and Sections		

#### **SUBJECT: ENGLISH (301)**

Prescribed 1)		1) Hornbill (English Text Book)-NCERT
Books:	2)	2) Snapshots (English Supplementary Reader)-NCERT
Month	Total No. of periods	Lesson/Chapter
April		Hornbill: The Portrait of a Lady (Prose)
		Writing: Poster Making
		Grammar: Sentence Reordering
May		Hornbill: A Photograph (Poem)
IVIAY		Writing: Speech Writing
		Hornbill: We're Not Afraid to Dieif We Can Be Together (Prose)
June		The Laburnum Top (Poem)
		Snapshots: The Summer of the Beautiful White Horse (Prose)
		Hornbill: Discovering Tut: The Saga Continues (Prose);
July		Snapshots: The Address (Prose)
		Note-making & Summary Writing
		Hornbill: The Voice of the Rain (Poem)
August		Snapshots: Mother's Day (Play)
August		Grammar: Gap-Filling (Tenses & Clauses)
		Writing: Advertisement
September		Revision
September		Half-Yearly Examination
		Hornbill: The Adventure (Prose)
October		Childhood (Poem)
		Grammar: Transformation of Sentences
		Hornbill: Silk Road (Prose); Father to Son (Poem)
November		Snapshots: Birth (Prose)
		Writing: Debate Writing
December		Snapshots: The Tale of Melon City (Prose)
December		Revision
January		Revision
February		Final Examination
		Syllabus for Term Exams and Periodic Test
		TERM-1 (Half Yearly)
		PT-1
		Reading: Unseen Passage
		Hornbill: The Portrait of a Lady; A Photograph
		Writing: Poster Making, Speech Writing
		Grammar: Sentence Reordering
Periodi	c Test	PT-2
		Reading: Note-making and Summary Writing
		Hornbill: The Laburnum Top
		Snapshots: The Summer of the Beautiful White Horse
		Writing: Advertisement
		Grammar: Sentence Reordering
		TERM-2 (Annual)
		PT-3
		Reading: Unseen Passage
Periodi	ic Test	Hornbill: The Adventure, The Voice of the Rain (Poem)
		Writing: Advertisement
Gran		Grammar: Gap Filling (Tenses & Clauses)

PT-4
Reading: Note-making and Summary Writing,
Hornbill: Father to Son
Snapshots: Birth
Writing: Debate Writing
Grammar: Transformation of Sentences

PT-5
Entire syllabus

#### Term 1 exam- Portion taught from April to August

Term 2 exam- Complete syllabus

Term 1 & Term 2

**Distribution of Marks** 

**READING SKILLS-26 Marks** 

**WRITING SKILLS & GRAMMAR-23 Marks** 

**LITERATURE-31 Marks** 

ASL- 10 (5+5) Marks: Assessment of Listening skills- 5marks, Assessment of speaking skills- 5 Marks

**PROJECT WORK- 10 MARKS** 

#### **SUBJECT: PHYSICS (042)**

	1)	NCERT Textbook (Part 1 & Part 2)
Prescribed	2)	NCERT Exemplar
Books:	3)	New Simplified Physics- S. L. ARORA (Reference book)
	4)	Physics Practical Book — Arihant Publication
Month	Total No. of periods	Unit/Chapter
		Unit I : Physical world and measurement
April		Ch 2 : Units and measurements
Аріп		Unit II: Kinematics
		Ch 3 : Motion in a straight line
May		Ch 4 : Motion in a plane
		Unit III: Laws of Motion
June		Ch 5 : Laws Of motion
Julie		Unit IV: Work, Energy and Power
		Ch 6: Work, Energy and Power
July		Unit V: Motion of system of particles and Rigid body Ch 7: System of
& August		particles and Rotational Motion Revision for Half Yearly Exam
September		Revision + Half Yearly Exam
		Unit VI : Gravitation
October		Chapter 8 :- Gravitation
Octobei		Unit VII : Properties of Bulk Matter
		Chapter 9: Mechanical Properties of Solids
		Unit VII: Properties of Bulk Matter
		Chapter 10 :- Mechanical Properties of Fluids Chapter 11:- Thermal
November		properties of Matter Unit VIII: Thermodynamics
		Chapter 12:- Thermodynamics
		Unit IX: Behaviour of Perfect Gas and Kinetic Theory of Gases
		Chapter 13:- Behaviour of Perfect Gas and Kinetic Theory of Gases
December		Unit X: Oscillations and Waves Chapter 14:- Oscillation (Contd.) Chapter
		15:- Waves

lanuary	Boyisian for Final Evam (Theory and Brastical Evam)					
January 	Revision for Final Exam (Theory and Practical Exam)					
February	Final Exam					
	Syllabus for Term Exams and Periodic Test					
	TERM-1					
	1) Unit I — Physical World and Measurement					
	Chapter2- Units and Measurements					
	Unit II- Kinematics					
	Chapter 3- Motion in a Straight Line					
Periodic Test	2) Unit II — Kinematics					
	Chapter 3 — Vectors					
	Chapter 4- Motion in a Plane					
	Unit III — Laws of Motion					
	Chapter 5- Laws of Motion (Excluding Friction)					
	TERM-2 (Annual)					
	3) Unit V — Motion of System of Particles and Rigid Body					
	Chapter 7 – System of Particles and Rotational Motion					
	Unit VI —					
Periodic Test	Chapter 8 - Gravitation					
renouic rest	4) Unit VII — Properties of Bulk Matter					
	Chapter 9- Mechanical Properties of Solids					
	Chapter 10 — Mechanical properties of Fluid					
	Chapter 11 — Thermodynamics					
<b>Revision Test-5</b>	RT-5 Complete Syllabus					
	Unit I - Physical World and Measurements					
	Chapter 2 - Units and Measurements					
	Unit II - Kinematics					
	Chapter 3 - Motion in a Straight Line					
	Chapter 4 - Motion in a Plane					
Term 1	Unit III - Laws of Motion					
	Chapter 5 - Laws of Motion					
	Unit IV: Work, Energy and Power					
	Ch 6: Work, Energy and Power					
	Unit V: Motion of system of particles and Rigid body					
	Ch 7 : System of particles and Rotational Motion					
Annual Exam	Whole Syllabus					

### **SUBJECT: CHEMISTRY (043)**

	1)	NCERT Text Book (Part 1+ Part 2)
Prescribed	2)	NCERT Exemplar
Books:	3)	Chemistry Practical- Dinesh Publication (Lab Book)
	4)	
Month	Total No. of periods	Lesson/Chapter
April		Ch: 1-Some Basic Concepts of Chemistry
May		Ch:2-Structure of Atom
June		Ch:3- Classification of Elements and Periodicity in Properties
July		Ch:4-Chemical Bonding and Molecular Structure
August		Ch:5-Chemical Thermodynamics
September		Revision & Half Yearly Exam

October		Ch:6- Equilibrium	
November		Ch:7- Redox Reactions	
		Ch:8- Organic Chemistry: Some basic Principles and Techniques	
December		Ch:8- Organic Chemistry: Some basic Principles and Techniques	
December		Ch:-9- Hydrocarbons	
January		Chapterwise Revision	
February		REVISION / PRE – BOARD EXAM	
March		Final Exam (Board)	
		Syllabus for Term Exams and Periodic Test	
		TERM-1	
Dovindi	a Toot	1) Ch: 1-Some Basic Concepts of Chemistry	
Periodi	c rest	2) Ch:2-Structure of Atom	
		Volumetric Analysis	
A a+:	:L:	Content Based Experiment	
Activ	ities	Salt Analysis	
		Project Work	
		TERM-2 (Annual)	
		3) Ch:5-Chemical Thermodynamics	
		4) Ch:6- Equilibrium	
Periodi	c Test	5) <b>PT (RT)</b> - Ch:7- Redox Reactions	
		Ch:8- Organic Chemistry: Some basic Principles and Techniques	
		Ch:-9- Hydrocarbons	
		Volumetric Analysis	
Δctiv	itios	Content Based Experiment	
Activities		Salt Analysis	
		Project Work	
		Ch: 1-Some Basic Concepts of Chemistry	
-	m 1	Ch:2-Structure of Atom	
Terr	11 1	Ch:3- Classification of Elements and Periodicity in Properties	
		Ch:4-Chemical Bonding and Molecular Structure	
Annual	Exam	Complete Syllabus.	
		· · · · ·	

# **SUBJECT: BIOLOGY (044)**

Prescribed	1)	Textbook For Class XI(NCERT)
Books:	2)	Laboratory Manual In BIOLOGY
Month	Total No. of periods	Lesson/Chapter
April	16	-Unit 1:Diversity In The Living World Chapter 1:The Living World
May	8	Chapter 2:Biological Classification
June	20	Chapter 3: Plant Kingdom Chapter 4: Animal Kingdom Unit 2:Structural Organization in Plants And Animals Chapter 5: Morphology of Flowering Plants Chapter 6: Anatomy of flowering Plants
July	22	Chapter 7: Structural Organisation in Animals Unit 3: Cell: Structure and functions Chapter 8: Cell :The Unit Of Life

August	22	Chapter 9: Biomolecules		
August		Chapter 10: Cell Cycle and Cell Division		
September		REVISION		
	24	Term I Examination		
		Unit 4: Plant Physiology		
October	14	Chapter 11: Photosynthesis in Higher Plants		
		Chapter 12: Respiration in Plants		
		Chapter 13: Plant Growth and Development		
November	15	Unit 5: Human Physiology		
November	15	Chapter 14: Breathing and Exchange of Gases		
		Chapter 15: Body Fluids and Circulation		
		Chapter 16: Excretory Products and their Elimination		
December	21	Chapter 17: Locomotion and Movement		
December	21	Chapter 18: Neural Control and Coordination		
		Chapter 19: Chemical Coordination and Integration		
January	15	REVISION		
		Syllabus for Term Exams and Periodic Test		
		TERM-1		
		1) PT-1: The Living World, Biological Classification, Plant Kingdom		
Periodio	c Test	2) PT-2: Morphology of Flowering Plants, Anatomy of Flowering Plants,		
		Structural Organisation in Animals		
		Chapter 1, 2, 3, 4, 5, 6, 7, 8, 9, 10		
TERN	<i>l</i> 1	ACTIVITIES (EXPERIMENTS):		
		1. Introduction		
		2. Use and Care of Microscope		
		3. Study of the Parts of a Compound Microscope		
		4. Study of Specimens and Identification with Reasons		
		5. Study of Characters of Animal Specimens and Identification		
Activi	ties	6. Study and Description of the Flowers		
		7. Preparation and Study of Transverse Sections of Monocot and Dicot Stems		
		and Roots		
		8. Study of Osmosis		
		9. Study of Plasmolysis		
		10. Distribution of Stomata on the Two Surfaces of a Leaf		
	TERM-2 (Annual)			
		PT-3: Photosynthesis in Higher Plants, Respiration in Plants		
Periodic Test		PT-4: Plant Growth and Development, Breathing and Exchange of Gases and		
		Body Fluids and Circulation.		
Activities		1. Study of Mitosis in Onion Root Tip and Animal Cell		
		2. Rate of Transpiration		
		3. Test for Carbohydrates, Proteins and Fats and their Detection in Suitable		
		Plant and Animal Materials		
		4. Paper Chromatography		
		5. Urine Test for the Presence of Urea, Sugar, Albumin and Bile Salts		
TERM	11:	Chapter 1, 2, 3, 4, 5, 6, 7, 8, 9, 10.		
Annual	Exam	Whole Book		

# **SUBJECT: STANDARD MATHEMATICS (041)**

ſ	Prescribed	NCERT
	Books:	NCERT EXEMPLAR
	Month	Topics/Lessons

,
s, Linear inequalities,
rigonometric Functions,
ons and Combinations,
-D Geometry,
0

Trigonometric Functions

April

Prescribed	NCERT
Books:	NCERT EXEMPLAR
Month	Topics/Lessons
	Indices and Logarithms
April	Mensuration
May	Quantitative Aptitude
luno	Numbers
June	Sequence and Series

July	July	Permutations and Combinations		
		Sets and Relations		
		Functions		
August		Utility Bills		
		Revision for Half yearly exam		
September		HALF YEARLY EXAM		
Octobor		Straight Line		
October		Circle and Parabola		
Newswahan		Limits and Continuity		
November		Differentiation		
D l		Probability		
December		Descriptive Statistics		
		Compound Interest and Annuity		
		Taxation		
January		Revision for Annual Exam		
February		ANNUAL EXAM		
March				
	1	Syllabus for Term and Periodic Test		
		Term 1 (Half Yearly Exam)		
		Indices and Logarithms		
Period	lic Test-1	Quantitative Aptitude		
		Mensuration		
5 . 1		Sequence and Series		
Period	ic Test-2	Permutations and Combinations		
D. J. J	:- T1 2	Sets and Relations, Functions, Sequence and Series		
Period	ic Test-3	Permutations and Combinations,		
		Numbers, Sets and Relations, Functions, Sequence and Series		
Half Yea	arly Exam	Permutations and Combinations, Indices and Logarithms		
	•	Quantitative Aptitude, Mensuration		
Term 2 (Annual Exam)				
B	:- T+ 4	Straight lines		
Period	dic Test-4	Circle and parabola		
D	dic Test-5	Limits and Derivatives		
Period		Probability		
Annu	al Exam	Whole syllabus		

### **SUBJECT: ECONOMICS (030)**

Prescribed	1)	N.C.E.R.T	
Books:	2)	Sandeep Garg (Micro Economics + Statistics for Economics)	
MONTH		LESSON/CHAPTER	
		Micro Economics	Statistics
April		Ch-1 Introduction of Micro Economics	Ch-1 Introduction to Statistics
May		Ch-1 Introduction of Micro Economics (Contd)	Ch-1 Introduction to Statistics (Contd)
June		Ch-2 Consumers Equilibrium	Ch-2 Meaning Scope and Importance of Statistics
		Ch-3 Demand	Ch-3 Collection of data
July		Ch-4 Elasticity of Demand	Ch-4 Organization of data Ch-5+6+7 Presentation of data

August		Ch-5 Production Function	Ch- 8+ 9 Measures of Central Tendency
September		REVISION + HALF YEARLY	
-		Ch- 6 Cost	Ch-10 Measures of Dispersion
October		Ch- 7 Revenue	
		Ch-8 Producer's Equilibrium	Ch-11 Measures of Correlation
November		Ch- 9 Supply	
December		Ch- 10 Main Market Forms	Ch- 12 Index Numbers
January		Ch-11 Price Determination	
February		REVISION + A	Annual Exam
March		Final	Exam
		Syllabus for Periodic Test	
PT-:	1	Ch-1 Introduction of Micro Economics	Ch-1 Introduction to Statistics
		Ch-2 Consumers Equilibrium	Ch-2 Meaning Scope and Importance of Statistics
PT-2	2	Ch-3 Demand	Ch-9 Measures of Central Tendency
		Ch-4 Elasticity of Demand	
		Ch-5 Production Function	
HALF YEARLY		/EARLY	
		Ch-6 Cost	Ch -11 Measures of Correlation
PT-3	3	Ch-7 Revenue	
		Ch-8 Producer's Equilibrium	
DT .	<b>A</b>	Ch-10 Main Market Forms	Ch-12 Index Numbers
PT-4		Ch-11 Price Determination	
PT-5 (RT)		Ch-2 Consumers Equilibrium Ch-3 Demand Ch-4 Elasticity of Demand Ch-8 Producer's Equilibrium Ch-9 Measures of Central Tendency	
		Ch -11 Measures of Correlation	
Final E	xam	Complete Syllabus	

#### **SUBJECT: COMPUTER SCIENCE (083)**

Prescribed Books	Computer Science by Sumita Arora (Dhanpat Rai & Co.) Computer Science by Preeti Arora (Sultan Chand & Co.)
MONTHS	LESSON/ CHAPTERS
April	<ul> <li>Unit I: Computer Systems and Organisation</li> <li>Basic computer organisation: Description of a computer system and mobile system, CPU, memory, hard disk, I/O, battery.</li> <li>Types of software: Application software, System software and Utility software.</li> <li>Memory Units: bit, byte, MB, GB, TB, and PB.</li> </ul>
May	<ul> <li>Number System: numbers in base 2, 8, 16 and binary addition.</li> <li>Encoding Schemes: ASCII, UTF8, UTF32, ISCII and Unicode.</li> </ul>
June	<ul> <li>Concept of Compiler and Interpreter</li> <li>Operating System (OS) - need for an operating system, brief introduction to functions of OS, user interface</li> <li>Boolean logic: NOT, AND, OR, NAND, NOR, XOR, NOT, Truth Tables and De Morgan's laws, Logic circuits</li> </ul>

	Unit II: Computational Thinking and Dragramming 1
July	<ul> <li>Unit II: Computational Thinking and Programming - 1</li> <li>Features of Python, Python Character Set, Token &amp; Identifiers, Keywords, Literals, Delimiters, Operators.</li> </ul>
	• Comments: (Single line & Multiline/ Continuation statements), Clarity &
	Simplification of expression
	• Introduce the notion of a variable and methods to manipulate it (concept of L-value and R-value even if not taught explicitly).
	Knowledge of data types and operators: accepting input from the console,
	assignment statement, expressions, operators and their precedence.
	Operators & types: Binary operators-Arithmetic, Relational
	Operators, Logical Operators, Augmented Assignment Operators.
	Execution of a program, errors- syntax error, run-time error andlogical
	error.
	• Conditional statements: if, if-else, if-elif-else; simple programs:e.g.:
	absolute value, sort 3 numbers and divisibility of a number.
August	If else using logical operators
	Notion of iterative computation and control flow: for(range(), len()), while,
	using flowcharts, suggested programs: calculation of simple and
	compound interests finding the factorial of a positive number etc.
Control	interests, finding the factorial of a positive number etc.
September	Revision and Half Yearly Exam
	• Strings: Traversal, operations – concatenation, repetition, membership;
Ostabar	functions/methods—len(), capitalize(), title(), upper(), lower(), count(),
October	find(), index(), isalnum(), islower(), isupper(), isspace(), isalpha(), isdigit(),
	split(), partition(), strip(), lstrip(), rstrip(), replace(); String slicing.
	• Lists: Definition, Creation of a list, Traversal of a list. Operations on a list -
	concatenation, repetition, membership; functions/methods – len(), list(),
	append(), extend(), insert(), count(), index(), remove(), pop(), reverse(),
	sort(), min(), max(), sum(); Lists Slicing; Nested lists; finding the maximum,
	minimum, mean of numeric values stored in a list; linear search on list of
	numbers and counting the frequency of elements in a list.
	• Tuples: Definition, Creation of a Tuple, Traversal of a tuple. Operations on a
	tuple - concatenation, repetition, membership; functions/methods -
Navanalaan	len(), tuple(), count(), index(), sorted(),
November	min(), max(), sum(); Nested tuple; Tuple slicing; finding the
	minimum, maximum, mean of values stored in a tuple; linear search on a tuple of numbers, counting the frequency of elements in a tuple.
	<ul> <li>Dictionary: Definition, Creation, Accessing elements of a dictionary, add an</li> </ul>
	item, modify an item in a dictionary; Traversal, functions/methods – len(),
	dict(), keys(), values(), items(), get(), update(), del(), del, clear(), fromkeys(),
	copy(), pop(), popitem(), setdefault(), max(), min(), count(), sorted() copy();
	Suggested programs : count the number of times a character appears in a
	given string using a dictionary, create a dictionary with names of
	employees, their salary and access them.
	• Sorting algorithm: bubble and insertion sort; count the number of
	operations while sorting.
December	• Introduction to Python modules: Importing math module (pi, e, sqrt, ceil,
	floor, pow, fabs, sin, cos, tan); random module (random, randint,
	randrange), statistics module (mean, median, mode).  Unit III: Society, Law and Ethics
	Office in Society, Law and Lunes
	Cyber safety: safety browsing the web identity protection confidentiality.
	• Cyber safety: safely browsing the web, identity protection, confidentiality, social networks, cyber trolls and bullying.

		<ul> <li>Appropriate usage of social networks: spread of rumours, and common social networking sites (Twitter, LinkedIn, and Facebook) and specific usage rules.</li> <li>Safely accessing web sites: adware, malware, viruses, trojans</li> <li>Safely communicating data:secure connections, eavesdropping, phishing and identity verification.</li> <li>Intellectual property rights, plagiarism, digital rights management, and licensing (Creative Commons, GPL and Apache), open source, open data, privacy.</li> <li>Privacy laws, fraud; cyber-crime- phishing, illegal downloads, child pornography, scams; cyber forensics, IT Act, 2000.</li> <li>Technology and society: understanding of societal issues and cultural changes induced by technology.</li> <li>E-waste management: proper disposal of used electronic gadgets.</li> </ul>
January		Revision
Half Y	rearly	Unit – 1 and Unit – 2 (till If else statement)
Annual Exa	amination	Entire Syllabus. Unit-1, 2 and 3
Periodio	c Test 1	Unit – I, Unit – II (Basics of Python)
Periodio	c Test 2	Unit – II [ Till – looping]
Periodio	c Test 3	<ul> <li>Strings: Traversal, operations – concatenation, repetition, membership; functions/methods–len(), capitalize(), title(),upper(), lower(), count(), find(), index(), isalnum(), islower(), isupper(), isspace(), isalpha(), isdigit(), split(), partition(), strip(),lstrip(), rstrip(), replace(); String slicing.</li> </ul>
Periodio	c Test 4	Tuples, Dictionary, Unit-III

# **SUBJECT: INFORMATICS PRACTICES (065)**

Prescribed	1. Informatics Practices by Sumita Arrora (Dhanpat Rai & Co.)		
Books:	2. Informatics Practices by Preeti Arora (Sultan Chand & Co.)		
Month	Chapters / Topics		
April	Unit 1: Introduction of Computer System Unit 2: Getting started with python		
May	<ul> <li>Unit 3: Python programing fundamentals</li> <li>Features of Python, Python Character Set, Token &amp; Identifiers, Keywords, Literals, Delimiters, Operators.</li> <li>Comments: (Single line &amp; Multiline/ Continuation statements), Clarity &amp; Simplification of expression</li> <li>Introduce the notion of a variable and methods to manipulate it (concept of L-value and R-value even if not taught explicitly).</li> <li>Knowledge of data types and operators: accepting input from the console, assignment statement, expressions, operators and their precedence.</li> <li>Operators &amp; types: Binary operators-Arithmetic, Relational Operators, Logical Operators, Augmented Assignment Operators.</li> </ul>		
June	Python programing (Simple programing)		
July	Unit 4: Conditional and looping statements Python Programming continued(conditional statements and looping))		
August	Unit 5: Lists in Python		
September	Unit 6: Dictionary Python Programming continued (list, dictionary)		
October	Unit 7: Database concepts		

November	Database concepts and the Structured Query Language (Continued)		
December	Unit 9: Introduction to the Emerging Trends		
January	Revision		
February	Annual Exam		
March			
Syllabus for Term Exams and Periodic Test			
Periodic Test PT-1: Introduction to Python Programming PT-2: Looping, Lists		,	
Half Yearly		Introduction of Computer System, Introduction to Python Programming including List	
Periodic Test		PT-3: List, Dictionaries, String Handling PT-4: Database Management (SQL)	
Annual Exam Complete Syllabus		Complete Syllabus	

Unit 8: Structured Query Language (SQL)

#### **SUBJECT: PHYSICAL EDUCATION (048)**

Prescribed	1)	NCERT Testbook
Books	2)	Health And Physical Education (Dr V K Sharma)
Month	Total No. of period	Lesson/Chapter
June		Unit-I: Changing Trends & Career In Physical Education Unit-II: Olympism
July		Unit-III: Yoga Unit-IV: Physical Education & Sports for CWSN
August		Unit-V: Physical Fitness, Health and Wellness Unit-VI: Test, Measurement and Evaluation
September		Revision +Half Yearly Exam
October		Unit-VII: Fundamentals of Anatomy & Physiology in sports Unit-VIII: Fundamentals of Kinesiology and Biomechanics in Sports
November		Unit-IX: Psychology and Sports
December		Unit-X: Training and Doping in Sports
January		Revision and Final Practical
February		Revision and Annual Exam
March		Annual Exam
		Syllabus for Term Exams and Monthly Test
		Term-1
Periodio	Test-1	Unit-I: Changing Trends & Career In Physical Education Unit-II: Olympism
Periodic Test—2		Unit-III: Yoga Unit-IV: Physical Education & Sports for CWSN
Half Yearly Exam		Unit-I: Changing Trends & Career In Physical Education Unit-II: Olympism Unit-III: Yoga Unit-IV: Physical Education & Sports for CWSN
		Unit-V: Physical Fitness, Health and Wellness

Term-2		
Periodic Test-3	Unit-VI: Test, Measurement and Evaluation	
	Unit-VII: Fundamentals of Anatomy & Physiology in sports	
	Unit-VIII: Fundamentals of Kinesiology and Biomechanics in Sports	
Periodic Test-4	Unit-IX: Psychology and Sports	
	Unit-X: Training and Doping in Sports	
Daviadia Taat F	Unit-III: Yoga	
Periodic Test-5	Unit-VI: Test, Measurement and Evaluation	

#### **SUBJECT: PAINTING (049)**

Prescribed Books:	
Month	Topics/Lessons
April	
May	
June	UNIT 1 -Fundamentals of visual Arts -Pre -historic rock paintings and art of Indus valley -An IntroductionPeriod and location -Still life drawing -(copy)
July	-WIZARD'S DANCE (painting) -BHIMBETHKA -An introduction -Art of Indus Valley(An introduction) -Still life drawing ( copy) PT 1 EXAM
August	UNIT 2 -Study of sculpture and Terracottas -Dancing girl(Mohanjo-daro) -Male Torso(Harappa) -Mother Goddess(Mohanjo-daro) -Bull,Decoration of earthern wares,Painted earthern wareStill life drawing (copy) PT 2 EXAM
September	TERM 1 EXAM
October	UNIT3  -Art during Mauryan, Sunga, Kushana, and Gupta period .Lion capital from Sarnath .(Mauryan period)  -Chauri bearer from Diderganj(Mauryan period)  -Seated Buddha from Katra tila  -seated Buddha from Sarnath(Gupta)  -Jain Tirthankara  -still life(copy)  PT 3 EXAM
NOVEMBER	UNIT 4 -Introduction to Ajanta -Study of painting-Padmapani Bodhisattva (Ajanta cave number 1) UNIT 5 -Study of Temple sculptureDecent of Ganga -Ravana shaking Mount Kailash -Trimurtee

		Still life (copy)
December		-Laxmi Narayana Kandriya Mahadeva Temple -Cymbal player Sun Temple -Mother and Child -Nataraj ,Devi Uma, -Artistic ascepts of the Indo Islamic ArchitectureQutab Minar,Taj Mahal, Gol GumbajStill life (Copy) PT 4 EXAM
January		Portfolio making with 6 pencil shading still life painting.
February		REVISION
March		
		Syllabus for Term and Periodic Test
		Term 1 (Half Yearly Exam)
Periodi	c Test-1	UNIT 1
Periodi	c Test-2	UNIT 2
Half Yea	ırly Exam	UNIT 1,2
Term 2 (Annual Exam)		
Periodic Test-3		UNIT 3
Periodic Test-4		UNIT 4
Annual Exam		UNIT 1,2,3,4

#### SUBJECT: HVM (034)

Prescribed books:	1)	RAAG PARICHAY- PART 1& PART 2
Month	Total No. of periods	Lesson/Chapter
		Practical - Raag Bihag drut khayal with few taans
April		Taal- Teentaal
		Theory - Definition - nada, swar, Shruti, saptak, thaat, jati, lay, taal
		Practical - Raag Bihag continued
May		Taal- Teentaal with laykari
		Theory - Margi and Deshi Sangeet, Raga
		Practical - Raag Bhimpalasi drut khayal with few taans
June		Taal- Ektaal
		Theory - Brief study of Dhrupad, Khayal, Tarana
		Practical - Raag Bhimpalasi continued
luke		Taal- Ektaal with dugun teegun, chauguni
July		Theory - Brief study of musical element in Natyashastra, Life sketch of Miyan
		Tansen.
		Practical - Revision of both the ragas (Bihag and Bhimpalasi)
August		Taal- Revision of both the taal with hand movements
		Theory - Revision
Contombor		TERM-1
September		Half yearly exam
		Practical - Raag Bhairavi drut khayal with few taans
October		Taal- Chartaal
		Theory - Knowledge and structure of Tanpura; Gharana
		Practical - Raag Bhairavi continued
November		Taal- Chaartal with laykari
		Theory - Life sketch of PT. Vishnu Narayan Bhatkhande
December		Practical - Devotional song

	Taal- Ektaal, Chartaal with hand movements
	Theory - Life sketch of Vishnu Digambar
January	Practical - Revision of ragas
	Taal- Revision of taalas
	Theory - Revision
February	TERM 2
	Final Exam

