

**Dear Students**

***Greetings of the day!!***

***“What is this life if full of care, we have no time to stand and stare”***

Hope you are enjoying this period with your family .It's time to reboot and spend some quality time with our loved ones. It seems that God has pressed the pause button and Nature wants us to spend time on self introspection. The positive aspects of this lockdown are that the environmental pollution has reduced and our country has shown solidarity in this period of difficulty. Try to make this quarantine useful by cultivating a new hobby or by honing your existing one. Stay away from negativity; help your mother in doing the household chores; practise yoga & meditation; play simple indoor games like ludo, scrabble, antakshri etc. You will surely emerge a better human being after this period of tribulation. It's God's way of testing our faith in Him. Very often we keep cribbing that we don't have time for family or we don't have enough time to hone our hobbies, take this as a God sent opportunity to revisit your passions. It's Nature's way of helping us unwind.

Don't go out of your homes, take care of your personal hygiene and follow the norms of social distancing. I'm sure we will be able to win this war over COVID-19 by following these simple steps.

During this period the teachers are trying their level best to help you. Some assignments are being posted periodically and online classes are also being conducted for the senior level students, make the best of it.

Enjoy the pause, stay safe and rejuvenate. God bless you all.

**Principal, SBPS**