

SBPS Principal & Teachers attend CBSE Virtual Workshops

The Principal and the teachers of Sarala Birla Public School attended a host of workshops conducted by the Central Board of Secondary Education, COE, Patna, pertaining to the Perspectives Building of Life Skills, Sources of Stress and Responses, and Capacity Building Programme on Developing the Skill of Decision Making in Adolescents. These training sessions were conducted online being cognizant of the guidelines given by the government to maintain social distancing currently. Dr. Pramod Kumar, an adept trainer, was the resource person for all the sessions.

He projected that the aim of the school education, apart from helping students score well, is to face the challenges of life undeterred. Students face myriad of problems in life which shouldn't weigh them down in any case. They should be able to face challenges such as social barriers, peer pressure, policy barrier, etc. undauntingly. Students should be trained to be sagacious while making important decisions in life. So, as teachers, felicitators and counsellors, it's our duty to mould the students with flame of hope and courage to excel in life. Various techniques, such as discussion, debate, role play, drama, storytelling, miming, poetry, etc., can be employed in the school to enlighten the students for their future. Thus, the teachers are the torch-bearers who must win the trust of the students and guide them in decision making.

The School Head Personnel and Admin Mr. Pradip Varma said, "It's a great step from the school's end as it would help the teachers assist the students going through so much in their growing age. These training sessions are inexorable currently to deal with the scatterbrained and volatile behaviour of the students."

Principal Mrs. Paramjit Kaur said, "All the training programmes were relevant to the current scenario. Presently, students face so many challenges, conflicts which they have within themselves and with others, stress related to peer pressure and other familiar issues in certain cases. In such a scenario, we; the principals, teachers and mentors must be aware of the techniques to mould them, and pacify them as and when required.